



As a Certified Athletic Trainer for 20 years, Jason McWilliams of the Steadman Hawkins Clinic Denver and Medicine in Motion has seen many things come and go in the rehabilitation world. Fortunately, the Game Ready System has proven itself a time-tested tool, helping patients accelerate their recovery from injury or surgery.

In his 14 years at the Steadman Hawkins Clinic Denver, Jason has been exposed to numerous modalities and new technologies, many of which did not live up to their promises. Jason began using Game Ready about a decade ago as the system emerged to clinicians and sports medicine providers. “Game Ready was a game-changer,” McWilliams says. “We had seen Game Ready on the sidelines at NFL games and had heard the Tampa Bay Buccaneers rave about the device.”

Working closely with the Denver Broncos and seeing the technology in action, the Steadman Hawkins Clinic Denver recognized that Game Ready was setting a new standard of care for athletic injuries. The system delivers an advanced application of the RICE regimen that improves outcomes and gets players back on the field faster.

“Game Ready changes how we can treat patients – no more messy ice bags and wet elastic strips. And better results.”

“Ice and compression had always been essential tools at the clinic for helping patients with the healing process. Game Ready simply took this application to the next level,” states McWilliams. “You control the cold with the twist of a dial and you combine that with adjustable, active pneumatic compression.” The ability of the Game Ready System to integrate cold and compression therapies in a portable, easy-to-use unit is unique and makes clinical application easier than ever before. “Game Ready changes how we can treat patients – no more messy ice bags and wet elastic strips. And better results.”

In their busy clinical setting, Steadman Hawkins Clinic Denver sees up to 3,000 patients a month, and the majority of these clients will be treated with the Game Ready System. The athletes and clients become active in their recovery and want to use the system. “It has been amazing to observe how simply adding a Game Ready System to the treatment protocol can decrease the pain and swelling, as well as improve compliance.”



“Game Ready is used widely in our practice. We use it prior to physical therapy treatments to reduce inflammation, helping to optimize the recovery process. And we use it post-treatment and post-operatively to help control pain and swelling without narcotics.” Physicians understand the importance of ice and compression for their patients and prescribe use of the Game Ready System – in the clinic, as an at-home rental, or purchase for continued use.

Jason is also a Certified Athletic Trainer with Medicine in Motion, a group that provides complete medical care for the action sports world, including events such as the ESPN X Games Series. “For the last four years, Medicine in Motion has provided medical coverage for the ESPN Winter X Games, ESPN Summer X Games, and the ESPN Global X Games events. Game Ready is a must-have for the participating athletes – they ask for it by name to help prepare for and recover from their events.” Quite often, Game Ready is essential in helping the injured athletes get back to competing. Says McWilliams, “The results are something the athlete cannot get simply from wrapping on an ice bag. Working with Game Ready and having the units on hand has made our lives as practitioners better and helped make many athletes more successful.”